

11 Principles For Better Training

Guidance for health and care professionals on the development and delivery of training for unpaid carers.



1 Safety

The child must be kept safe at all times during the period of training; reducing risk and exposure to harm.



2 Governance

Trainers have a professional obligation to maintain their confidence and capability in the skills they will teach and consistently evaluate the quality of the training they deliver.



3 Preparation

The expectations of the learner should be proactively and formally managed prior to embarking on the training journey.



4 Responsibility

Those delivering clinical training must possess the specific qualities and experience required with a professional obligation to keep their skills up to date.



5 Environment

An appropriate training environment is key to better training and to ensure a high quality learning experience.



6 Access

Trainers must recognise that learners will have to balance the demands of their personal and professional lives and should plan accordingly.



7 Delivery

Training delivery should be clearly planned and reasoned to account for the bespoke needs of the learner and the knowledge and skills they are required to acquire.



8 Assessment

Assessment should be embedded throughout the training journey to provide a means of monitoring progress and demonstrating whether the learner has achieved the set learning outcomes.



9 Challenges

Systems should be in place to support identification of barriers to discharge during the training period and a collaborative action plan to address these must be developed.



10 Retraining

Re-training should be discussed at an early stage and included in the training commitment document.



11 Networks

The trainer should make efforts to understand the learner's family and support network and explore the others within this network that might also benefit from or require training.



These best practice principles for training unpaid carers were developed with the help from WellChild Nurses and families. To access the full report, visit: [wellchild.org.uk/trainingprinciples](https://www.wellchild.org.uk/trainingprinciples)

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